Protocol for Handling Seizures on Campus

1) Appoint someone in the class to call 911 and notify security/BIT as soon as the seizure starts. Ask that person to come back to let you know that these tasks were accomplished.
2) Make sure that the victim is protected from injury. If possible put a pillow or coat under the victim's head.
3) DO NOT restrain the victim during a seizure or place ANYTHING in their mouth.
4) Once the seizure has stopped put the victim in a recovery position. (Roll on their side facing away from you).
5) Clear the room of students.

A seizure victim often loses bladder and/or bowel control, so please cover the lower half of the student if possible.

Helping a Person During a Seizure –

Stay Calm

- Try to keep the area around the individual clear. Move furniture or other objects that might injure the person during the seizure.
- Protect the person from injury- try and protect their head and limbs from hitting any surrounding objects.
- Keep him or her from falling. If you can try, to guide the person gently to the floor.
- If the person is already on the ground try and gently lay them on their side. But be careful not to apply too much pressure to the body.
- DO NOT force anything, including your fingers, into the person's mouth. This could cause serious injury to yourself or to the individual.
- Do not try to restrain the individual by holding them down or holding their limbs.

How to Help After a Seizure:

- Check the person for injuries.
- Provide a safe area where the person can rest.
- Do not offer anything to eat or drink until the person is fully awake and alert.
- Stay with the person until he or she is awake and familiar with the surroundings. Most people will be sleepy or confused after a seizure.

Things to watch for during a seizure:
You may be able to provide valuable feedback to the provider treating the person having the seizure. Try to remember:

- How the person's body moved.
- How long the seizure lasted.
- How the person acted before/after the seizure.
- Whether the person suffered any injuries from the seizure.