

HEALTH IS WEALTH

- Wellness Services -

Your Wellbeing is Worth It

Access Services

- Support for Students with Disabilities
- Adaptive Technology Lab
- In-Class Accommodations
- Accommodations for Testing

Counseling

- Free & Confidential Support
- Solution Focused Counseling
- Mental Health Referrals
- In-Person & Telehealth Appointments

Wellness Navigator

On-Campus Resources

- Food Pantry
- Clothing Closet

Community Resources

- Legal Issues
- Transportation
- Finding Housing
- Substance Abuse
- Domestic Violence
- Childcare Assistance
- Medical & Dental Care
- Rent/Mortgage & Utility Bills

Take care of your whole self.
Talk with a Wellness Counselor today.

Contact Student Services at:

636-584-6588

studentservices@eastcentral.edu

Located in the BH Lobby