New Directions
Employee Assistance Program

Presented to
East Central College
August, 2013
Employee Benefits

- 24/7 Call Center
- Short Term Counseling
- Legal Referrals
- Financial Referrals
- Website Programs
Counseling Issues

- Psychological/Emotional: 39%
- Relationships: 35%
- Legal/Financial: 18%
- Drug/Alcohol: 4%
- Workplace: 3%
- Other: 1%
Provider Credentialing

- Master’s or Ph.D.
- State License
- 5 Years Post-Graduate Experience
- Experience in Solution-Focused Models
- Experience in EAP Core Technologies
- Contract with New Directions
- Specialized for DOT/SAP?
- Specialized for Crisis Management?
- Specialized for Health & Wellness?
New Directions Provider Network
Legal Referrals

Free 30-minute consultation with local attorneys

- Civil/Consumer Issues
- Personal/Family Legal Services
- Personal Injury
- Criminal Matters
- Business Legal Services
- Real Estate
- IRS Matters
- Estate Planning Law

Discount off of attorney’s hourly rate
Financial Referrals

Financial Counselors & Tax Advisors

- Debt Consolidation
- Budgeting
- Tax Issues
- Investment Options
- Mortgages
- Retirement Planning

Free 30-minute consultation & referral to local resources

NEW DIRECTIONS
BEHAVIORAL HEALTH
Child and Eldercare Referrals

Initial consultation with child/elder care specialist and referral to local resources

Child Care
- Child care centers
- In-home child care
- Summer camps

Elder Care
- Assisted living
- In-home care
- Nursing homes
- Planning for issues of aging
Health Coaching

• Up to 6 telephonic sessions with a health coach

• Common items covered include:
  – Smoking cessation
  – Weight management
  – Chronic illness
  – Wellness
Website Features

www.ndbh.com

• Dedicated Company Section

• Login Code: ECC
Bring Balance to Your Workplace

EAP: The employee benefit that benefits employers.

800-624-5544
www.ndbh.com