

Biennial Review of East Central College's

Alcohol and Other Drug Programs

2016-2018

Overview

The Drug Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug-Free Schools and Communities Act (DFSCA) require an institution of higher education (IHE) such as East Central College College (ECC) to certify that it has adopted and implemented programs to prevent the abuse of alcohol and use of or distribution of illicit drugs both by ECC students and employees both on its premises and as part of any of its activities. At a minimum each institution of higher education must annually distribute the following in writing to all students and employees:

- Standards of conduct that clearly prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees.
- A description of the legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol.
- A description of any drug or alcohol counseling, treatment, or rehabilitation or re-entry programs that are available to employees or students.
- A clear statement that the institution will impose sanctions on students and employees and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution.

The law further requires that the institution conduct a biennial review of its program with the following objectives: 1) determining the effectiveness of the policy and implementing changes to the alcohol and other drug (AOD) program if they are needed, and 2) to ensure that the sanctions developed are enforced.

The biennial review must also include a determination as to 1) the number of drug and alcohol-related violations and fatalities occurring on the campus or as part of their activities that are reported to campus officials and 2) the number and type of sanctions the IHE imposes on students or employees as a result of such violations.

ECC acknowledges its legal obligation to conduct a biennial review for compliance with the Drug-Free Schools and Communities Act and an authorized administrative review to be conducted and determine if the College fulfills the requirements of the aforementioned Federal regulations.

The intention of this document is to meet the legal requirements of conducting a biennial review and to also summarize the programs and activities related to alcohol and drug prevention at East Central College during the 2016-2017 and 2017-2018 academic years.

Materials Reviewed

The following materials and programs were examined for this biennial review:

- East Central College Catalog and Student Handbook
- East Central College Student Athlete Handbook
- East Central College Nursing Handbook

- East Central College Annual Campus Crime & Security Report
- East Central College Drug and Alcohol Prevention Policy
- East Central College Drug-Free Workplace Policy
- East Central College Drug and Alcohol Abuse Prevention webpage
<http://www.eastcentral.edu/counseling/drug-and-alcohol-abuse-prevention/>
- East Central College Student Conduct Policy
- East Central College Student Discipline Policy
- East Central College Tobacco-Free Campus Policy
- Complying with the Drug-Free Schools and Campuses Regulations (EDGAR Part 86), A Guide for University and Campus Regulations prepared by the Higher Education Center
- The Higher Education Amendments of 1998, (P.L. 105-244) and the Drug-Free Schools and Communities Act Amendments of 1989, (P.L. 101-226)
- Alcohol and Other Drug Policy documents available to all faculty, students, and staff

Compliance with Drug-Free Schools and Communities Act

East Central College is compliant with the requirements of the Drug-Free Schools and Communities Act. ECC has adopted and implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs by ECC students and employees on its premises and as a part of any of its activities, as demonstrated through this biennial review. In addition, ECC has a written policy on alcohol and other drugs and has developed a thorough method for distributing this policy to every student and employee. The written materials contain the following information:

- Standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities
- A description of the health risks associated with the use of illicit drugs and abuse of alcohol
- A description of applicable legal sanctions under local, state, or federal law
- A description of counseling and referral to treatment programs
- A statement and description of the disciplinary sanctions the institution will impose on students and employees

East Central College utilizes a comprehensive framework to address alcohol and other drug use by implementing the following strategies: Policy, education, prevention, intervention, collaboration, enforcement, and assessment.

East Central College Drug and Alcohol Policy

It is the objective and goal of East Central College to provide a drug and alcohol-free environment for students. The unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance, an imitation controlled substance, or alcoholic beverages on College premises or off-campus sites (including College vehicles and any private vehicles parked on College premises or off-campus sites), or College sponsored functions is absolutely prohibited. An imitation controlled substance is a substance that is not a controlled substance, which by appearance (including color, shape, size, and markings), or by representations made, would lead a reasonable person to believe that a substance is a controlled substance.

Violations of this Policy will result in disciplinary actions, up to student expulsion, and may have legal consequences.

Instances of violations could result in the involvement of civil law enforcement authorities.

It is the College's intent and obligation to comply with the Drug-Free Workplace Act of 1988, Public Law 100-690, and update to the Drug-Free School Community Act of 1989, Public Law 101-226 to provide a drug-free, healthful, safe work environment.

To ensure that its commitment to a drug free campus is known and shared by all faculty, staff, and community members, the College widely distributes its policies. The policies are as follows:

Federal Mandated Policy:

The federally mandated policy related to alcohol and other drugs is distributed through the Annual Campus Crime & Security Report to all enrolled students and staff and is made available to all potential students and new employees.

The East Central College (ECC) Annual Campus Crime & Security Report is prepared to meet the compliance requirements of both the Jeanne Clery Disclosure of Campus Security Policy and Crime Statistics Act and the Higher Education Opportunity Act. This report has been developed by the Department of Institutional Research. As required by law, the crime statistics included in the report cover a calendar year.

Each year, all enrolled students as well as College faculty and staff receive an email notification by no later than October 1 of the year, describing how to access the report electronically. Prospective students and employees are also provided information on accessing a hard copy of the report.

Websites/Office Providing East Central College Policies:

Policies and guidelines which provide information related to alcohol and drugs can be found on the website links as well as in designated offices:

- East Central College Drug and Alcohol Prevention Policy:
<http://www.eastcentral.edu/counseling/drug-and-alcohol-abuse-prevention/>
- East Central College Drug and Alcohol Free Workplace Policy:
<http://www.eastcentral.edu/hr/wellness/>
- East Central College Student-Athlete Handbook:
http://sports2.eastcentral.edu/wp-content/uploads/2018/06/17-18Athletic_Student_Handbook_insidepages-1.pdf
- East Central College Student Consumer Information website:
<http://www.eastcentral.edu/institutional-research/student-consumer-information/>
- East Central College Tobacco Free Policy
<http://www.eastcentral.edu/campus-safety/tobacco-free-policy/>

Education, Prevention, and Intervention

East Central College is committed to ensuring that employees and students are informed of its policies and provided with intervention services to assist them in dealing with drug and alcohol issues.

As described below, there are a number of educational programs available to students related to the use of drugs and alcohol and services for students who find themselves in difficult situations. East Central College has experienced and highly-qualified Counselors on staff, who provide information, confidential referrals, and assistance to those persons with problems stemming from use or abuse of drugs or alcohol.

Programs and Resources Offered Currently and/or During the Evaluation Period:

Athletic Department

- The ECC Athletic Director provides an overview of the college and department drug and alcohol abuse prevention policies. The director also provides referral support.
- Each student athlete is provided with information on ECC's drug and alcohol policy and signs a code of conduct.
- Information regarding these policies is found on the Athletic Department website.
- The National Junior College Athletic Association Handbook provides rules and regulations to which student athletes must adhere.
- Student athletes voluntarily submit to random drug testing. Students who test positive are referred for counseling.
- All violations of the drug and alcohol policy are reported to the appropriate college official.

Human Resources

- The college is committed to the development and maintenance of a drug and alcohol free workplace. We recognize that it may be difficult for individuals to admit that they need help. With that in mind, ECC has a partnership with an Employee Assistance Program to which we refer employees that are dealing with substance abuse issues.
- New employees are given information about substance abuse prevention as a part of benefits orientation.
- An annual training on Sexual Harassment & Discrimination Prevention references limited or monitored substance use as a strategy for preventing sexual assault.

Student Activities

- January 26, 2017—11AM-1PM--Julie Hook from NCADA and Campus Life sponsored a hands-on drug and alcohol prevention activity. NCADA also provided printed prevention and resource materials.
- April 19, 2017—10AM-2PM—Student Nursing Association provided both active and passive programming at Falcon Fest on a variety of topics including drug and alcohol prevention and sexual health.

- April 4, 2018—11AM-3PM—Student Nursing Association provided active and passive programming at Falcon Fest on a variety of topics including drug and alcohol prevention and sexual health.
- April 12, 2018—11:00AM-12:30PM--Julie Hook from NCADA tabled in the Cafeteria with an interactive quiz and printed prevention and resource materials available.

Printed drug and alcohol prevention, mental health, and sexual health information is freely available year-round in the Campus Life and Leadership Office.

Student Development

Because ECC's students include those under the age of 21, the policy is to maintain alcohol-free events when students are involved, and to only permit alcohol use on a limited basis, or as a part of the curriculum, for events at which students are not involved.

The Behavioral Intervention Team at East Central College is a campus intervention team that uses a formalized approach to address student mental health issues and other behavior that poses a danger of harm to self or others, or disrupts the learning environment.

Academics

Many academic units address alcohol and other drugs through curriculum infusion and research.

Enforcement

The primary departments on campus that enforce policies and laws regarding alcohol and other drug use are the Office of Human Resources and the Office of Student Development. During the evaluation period, there were no reports of alcohol or drug related incidents.

Summary

A comprehensive study of the alcohol and drug policy, related programs, services and enforcement practices for academic years 2016-2017 and 2017-2018, finds that East Central College is in compliance with the Drug Free Schools and Communities Act, has an effective Drug and Alcohol Prevention policy, consistently enforces standards of behavior related to alcohol and drug abuse, and distributes the policy in writing to our students and employees. Despite this fact, there are still opportunities for improvement.

East Central College uses a comprehensive approach to address alcohol and other drug use on campus, focusing on policy, education, coalitions/collaboration, social life, academics, enforcement, and intervention. All components work together to ensure that East Central College students and employees are provided information and resources that promote a safe and healthy environment that attempts to mitigate risk as it pertains to alcohol and other drug use.

Some of our strengths include collaboration and communication by our many offices, departments, and student groups to address alcohol and other drugs with our Behavioral Intervention Team, Athletic Director, Counseling staff, Student Activities programming, and academic courses are some examples of

the innovative and intentional approaches to alcohol and drug prevention programming. With these strengths, we have also identified future initiatives to continue our efforts regarding alcohol and other drug education for our campus community.

Some of the initiatives that will be developed or expanded during the 2018-2019 academic year include:

- Improving communication regarding policy. Though several policies exist which address issues related to alcohol, there was little assurance in the review that these policies are widely known. It is imperative that the College continues to seek alternative means for policy distribution besides electronically distributing the Annual Safety and Security Report.
 1. E-mail the Drug and Alcohol Prevention Policy to all faculty, staff, and students on an annual basis. The e-mail will direct students and employees to key resources such as recovery groups, Employee Assistance Program, and counseling services.
 2. Develop a brand and consistent message for the college community for reports to our Behavioral Intervention Team.
 3. Use multiple avenues to reach the college community.

East Central College has developed a comprehensive approach to address alcohol and other drug issues on campus. The College will continue to develop, assess, and pursue the best practices for our campus community to create a safe and healthy learning and working environment for our students and employees.