Time Management Resources

**Activity**: this resources helps students self-evaluate their time management skills.  
<https://www.deakin.edu.au/__data/assets/pdf_file/0004/72148/Year-11-Time-management-Activity.pdf>

**Cengage Blog Post**: this post is the resource for the graph presented in the presentation. Check it out for more information on time management barriers for college students and ways to overcome them.  
<https://blog.cengage.com/college-students-barriers-to-effective-time-management/>

**Mind Tools’ Time Management Article List**: this webpage has links to a variety of articles about time management and effective strategies.  
<https://www.mindtools.com/pages/main/newMN_HTE.htm>

**Tips and Tricks:** This webpage at Dartmouth has quite a few resources on practical strategies to manage your time.  
<https://students.dartmouth.edu/academic-skills/learning-resources/time-management>