



What's the Buzz

Come and find out what all the buzz is about!

ECC Wellness Committee Presents the

“Be Well”

Campaign Kickoff Event

**Tuesday,
April 19**

**Between Noon &
3:30 p.m.**

2nd Floor Lobby Donald
Shook Student Center

**Friday,
April 22**

**Between 1:30 &
3:00 p.m.**

Rolla-Main, RTC 121



**Attendance prizes &
free gifts will be awarded.**

What is “Be Well”?

The ‘Be Well’ Campaign is designed to keep employees active and motivated throughout the year with various challenges, speakers and events.

Get a free gift at the kickoff and start your path to a healthy lifestyle.

Only full-time employees are eligible for “Be Well” Passport Incentives.