



# New Directions Employee Assistance Program

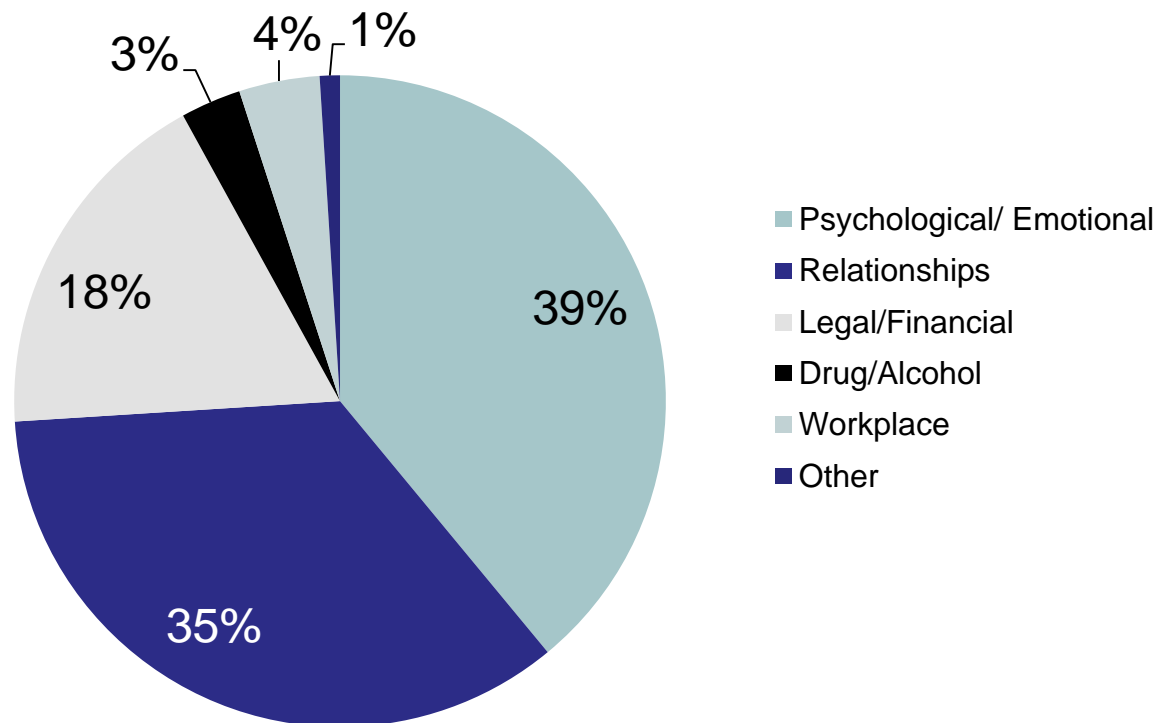
Presented to  
East Central College  
August, 2013

# Employee Benefits

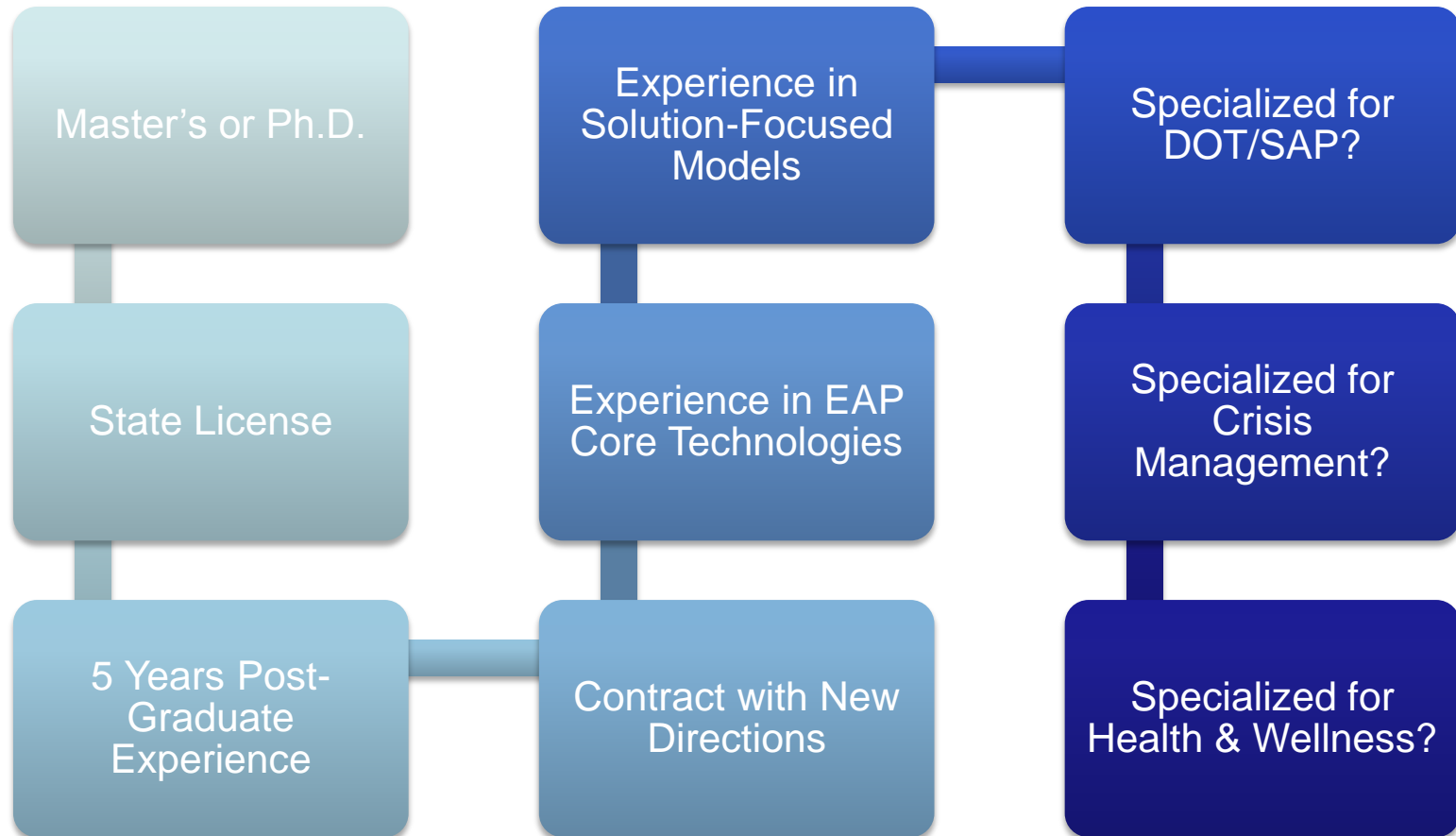
- 24/7 Call Center
- Short Term Counseling
- Legal Referrals
- Financial Referrals
- Website Programs



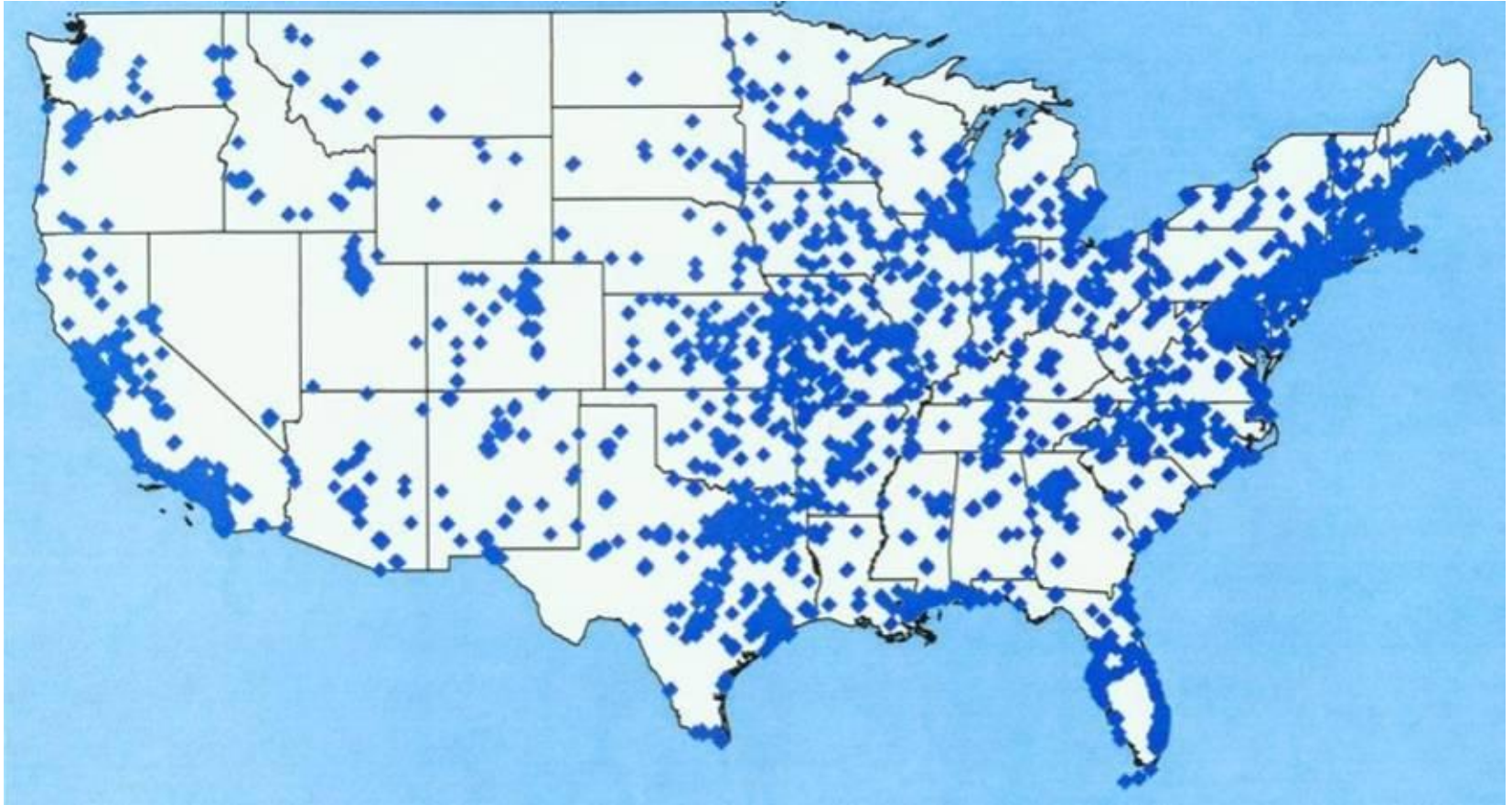
# Counseling Issues



# Provider Credentialing



# New Directions Provider Network



# Legal Referrals

## Free 30-minute consultation with local attorneys

- Civil/Consumer Issues
- Personal/Family Legal Services
- Personal Injury
- Criminal Matters
- Business Legal Services
- Real Estate
- IRS Matters
- Estate Planning Law

Discount off of attorney's hourly rate

# Financial Referrals

## Financial Counselors & Tax Advisors

- Debt Consolidation
- Budgeting
- Tax Issues
- Investment Options
- Mortgages
- Retirement Planning



Free 30-minute consultation & referral to local resources



# Child and Eldercare Referrals

**Initial consultation with child/elder care specialist and referral to local resources**

## **Child Care**

- Child care centers
- In-home child care
- Summer camps

## **Elder Care**

- Assisted living
- In-home care
- Nursing homes
- Planning for issues of aging





# Health Coaching

- Up to 6 telephonic sessions with a health coach
- Common items covered include:
  - Smoking cessation
  - Weight management
  - Chronic illness
  - Wellness

# Website Features

[www.ndbh.com](http://www.ndbh.com)

- Dedicated Company Section
- Login Code: ECC



# Bring Balance to Your Workplace

**EAP: The employee benefit that benefits employers.**



800-624-5544  
[www.ndbh.com](http://www.ndbh.com)