

Prescription Drug Cost Saving Strategies



Ensure optimal drug effectiveness

Take medications according to the instructions/schedule provided by your doctor and participate in any recommended testing for potential side effects, and to ensure the prescription is working.

Keep up to date with physicals to prevent health issues early

Consider avoiding the need for some prescription drugs by making certain lifestyle changes.

Save your caregiver's number or register on your doctor's patient portal

Don't miss your chance to speak to your doctor or a nurse on the phone or through your patient portal. The portal can also be used to keep track of appointments and important information regarding your health.

Pharmacy cost comparison tools

Seek out comparison tools on your plan's website to find the most affordable drugs near you.

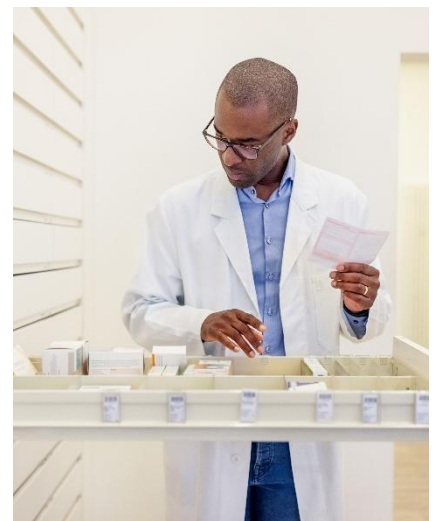
Ways to save through your medical plan

Communication

- Talk with your doctor about prescribing medication at the lowest costs.
- Ask about your plan's preferred drug list (or formulary)—could switching to a lower cost drug be just as effective?
- Ask about pill splitting or taking a low dosage twice a day instead of once a day, and whether it could save you money.

Spending wisely

- Check into your plan's Mail Order Program
- Take advantage of savings plans such as HSAs or FSAs, which fund expenses on a pre-tax basis



Other options to consider

Programs, like Cost Plus Drug Company, and others listed below, are completely free; while they don't apply to your insurance or medical deductibles, you can save up to 80% on prescription drugs when you present the mobile app or physical card to your pharmacist.

- VividClear RX
- Good RX
- Single Care
- ScriptSave WellRX
- RedBox RX