

the New LEAF



The New Leaf: Midterm Survival Manual

With the arrival of midterms, stuff just got real. Here in the Learning Center, we are ready to assist with tutoring, online resources, testing services, college success walk-in workshops, and even some reading recommendations for when you just need to relax a little. Take a moment to see how the Learning Center can help during this busy time.

3 Myths about Tutoring

MYTH: "Tutoring is for students who are struggling."

FACT: Tutoring is for students who want to improve their performance in a class.

MYTH: "I don't have time for tutoring"

FACT: Tutoring can be a huge timesaver because you are not wasting time with ineffective techniques or misconceptions.

MYTH: "The tutor will give me the answer."

FACT: A tutor will help you understand the subject, so you can do the assignment.

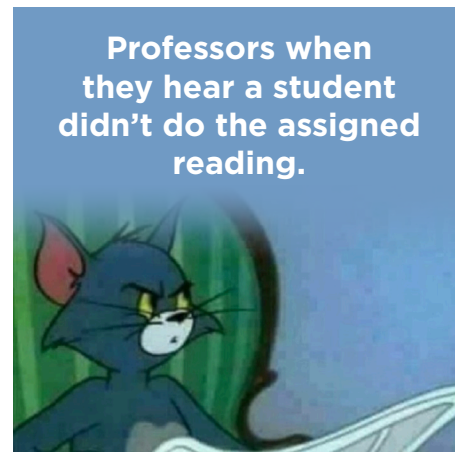
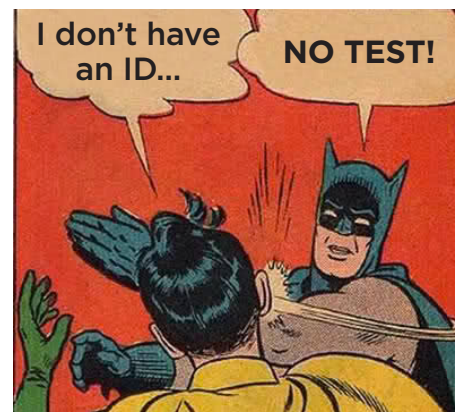
Walk-In Workshops

If you struggle with test anxiety, reading at the college level, multiple choice tests, studying effectively, procrastination, or any other issue that is impacting your ability to achieve, stop in and ask to speak with Lisa. You can also email her at: lisa.haag@eastcentral.edu to set up an appointment.

Lisa can provide you with the tools you need to stay on the path to success!



When it's the middle of the semester and you haven't even thought about midterms.



"I can make it through college without reading, right?"



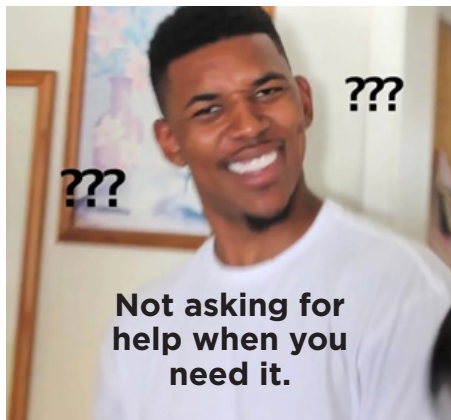
When you see all the science resources at ECC.



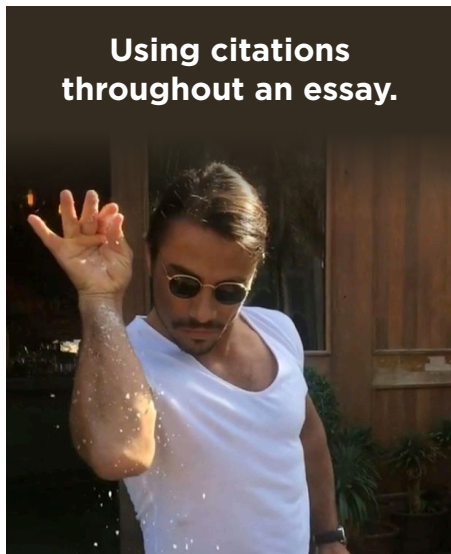
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Not asking for help when you need it.



Using citations throughout an essay.



The Learning Center's Brand New Website

The Learning Center has a new webpage! It's colorful, fun and easy to navigate! Check out the "Learning Resource" section where students can find out about writing an MLA or APA paper, not to mention how to create a boxplot in a TI-84 calculator for Statistics. All the resources available are free and readily available by the click of a mouse. Do you want to find a tutor or submit a paper to the Online Writing Center? Go the TLC webpage! Looking for afterhours tutoring...Go to TLC webpage and click on "Tutoring." Need to know what to do before taking a test in the Testing Center...Go to TLC webpage! Whatever the need, we are sure TLC webpage has it covered!

It Blinded Me with Science (Resources)!

In an effort to upgrade the level of service that we offer the students at East Central College, several Learning Center staff members have partnered with members of the Science department to create a list of resources that can be used by students. For each item, a list of on-line resources and videos is being compiled. This list will be accessible to students and will be constantly updated as newer resources become available. Learning Center Specialist Kathy Wright, one of the organizers of these resources, said the following:

"We see almost the same questions over and over, but this gave us the opportunity to put together more thoughtful answers. We're able to take a single topic like the metric system and spread the application from mathematics to biology to chemistry."

6 Tips for Memorizing Facts

1. Write (in your own words) lists, notes, definitions, etc. Experts say: read it 10 times (visual recall), say it out loud 10 times (audio recall) and rewrite it at least twice (tactile recall).
2. Write in different colors (visual recall of a topic because it was "green" or "red"), write in different fonts or draw pictures rather than words to remember a concept.
3. Associate a place with a concept (in the library when studying that topic).
4. Use mnemonics, poems, songs for hints of first letters or rhyming vocabulary.
5. Break up big lists; ex: 500 words into groups of 20.
6. Draw a Mind-Map (and redraw the mind-map), good visual of information.

Although your college reading list is likely pretty full, the benefits of increased reading include reduced stress, expanded vocabulary, and enhanced critical thinking, all things we could use, especially around midterm time. So, here are some of the Learning Center's favorites to help get you started.



Lisa Haag: *Yearling* by Lo Kwa MeiEn

Feral Poetry. Brace yourself.



Kristin Milligan: *My Sister's Keeper* by Jodi Picoult

When your parents use you as spare parts for your sibling. Not cool.



Erin Anglin: *To Kill a Mockingbird* by Harper Lee

Learn how to kill a Mockingbird. Just kidding. That's a sin.



Kathy Wright: *The Disappearing Spoon: And Other True Tales of Madness, Love, and the History of the World from the Periodic Table of the Elements* by Sam Kean

Don't you want to know what happened to the spoon?



Audrey Schlote: *The Five People You Meet in Heaven* by Mitch Albom

Check out this book, where someone dies in a ferris wheel accident.



Windy Souders: *The Secret History* by Donna Tartt

Ever wonder what that eccentric group of college students do in their free time? It likely involves murder and reading Greek.



Alison Tucker: *The Power* by Naomi Alderman

Girls with taser hands? Check.



Stacy Frankenberg: *The Woman in the Window* by A.J. Finn

Stephen King said this book was "Unputdownable." What more do you need?



Jon Noelker: *Ulysses* by James Joyce

In case you want to make small talk at social gatherings.



Dawn Dunsmore: *The Pilgrim's Progress* by John Bunyan

Follow along in this upbeat religious adventure with monster slayings, epic quests, and moral quandaries.



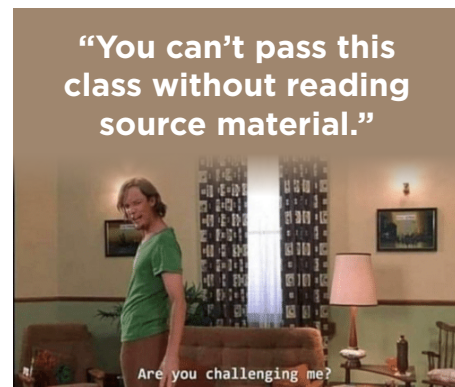
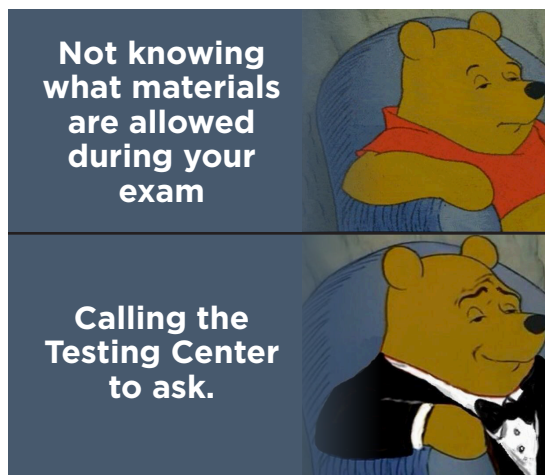
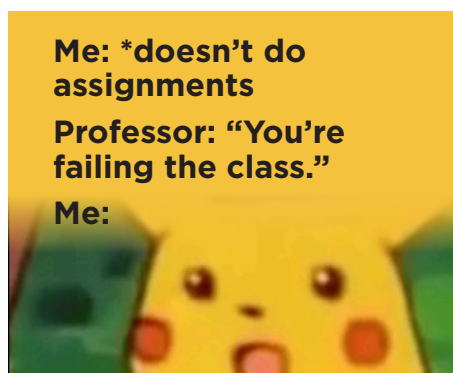
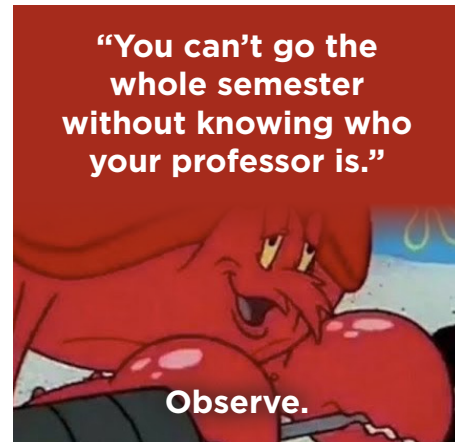
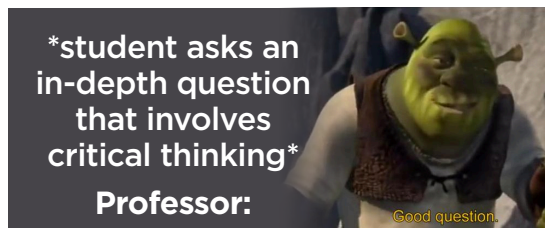
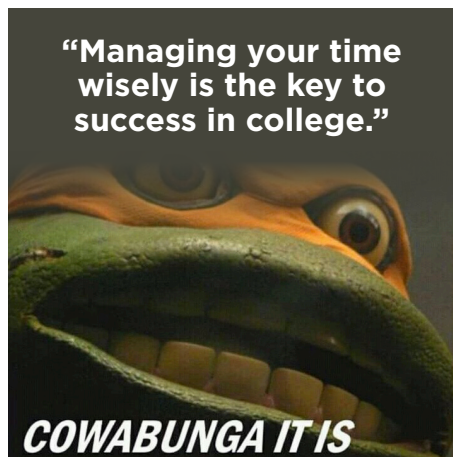
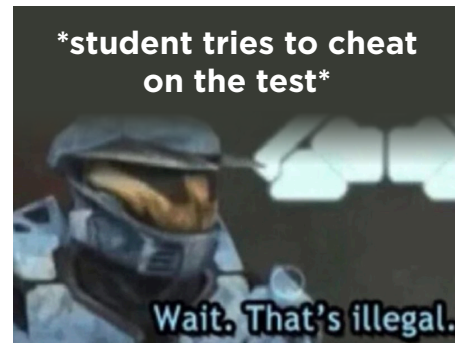
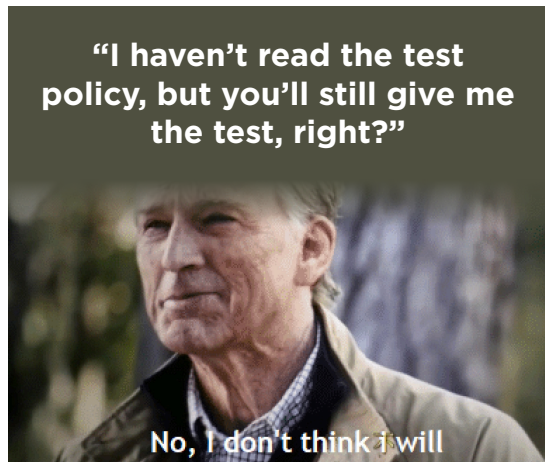
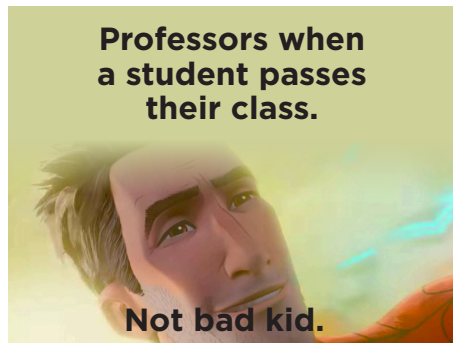
Raphael Maurice: *Blood Meridian* by Cormac McCarthy

Need some good old-fashioned historical violence to get some perspective? We gotcha covered.



Lauran Spier: *It's Your Ship: Management Techniques from the Best Damn Ship in the Navy* by D. Michael Abrashoff

How to make your ship not stink.



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