

## Accountability Worksheet

### Questions to Consider

*What are your struggles in your academic studies? How do you know this is your struggle?*

*How do you want to be held accountable?*

*Who would be best suited to hold you accountable in the way you prefer?*

**Rate yourself on the following statements.**

<b>Personal Accountability</b>	<b>Strongly Agree</b>	<b>Agree</b>	<b>Unsure</b>	<b>Disagree</b>	<b>Strongly Disagree</b>
I attend class regularly.					
I make school a part of daily life: check email, read over class notes, check Moodle.					
I build into my schedule time to do homework.					
I set achievable deadlines for myself.					
I talk to my professors regularly.					
I am part of a study group.					
I meet with Learning Center tutors when I need help.					
I have an accountability partner whom I talk with regularly.					
I study for exams.					
I turn my assignments in on time.					
I have the skill sets needed to be successful.					
I set attainable goals for myself.					
School is a priority for me.					
I understand that some classes require more work than others.					
I use effective stress management techniques.					