

Time Management Resources

Activity: this resources helps students self-evaluate their time management skills.

https://www.deakin.edu.au/data/assets/pdf_file/0004/72148/Year-11-Time-management-Activity.pdf

Cengage Blog Post: this post is the resource for the graph presented in the presentation. Check it out for more information on time management barriers for college students and ways to overcome them.

<https://blog.cengage.com/college-students-barriers-to-effective-time-management/>

Mind Tools' Time Management Article List: this webpage has links to a variety of articles about time management and effective strategies.

https://www.mindtools.com/pages/main/newMN_HTE.htm

Tips and Tricks: This webpage at Dartmouth has quite a few resources on practical strategies to manage your time.

<https://students.dartmouth.edu/academic-skills/learning-resources/time-management>